

CDMFA Bulletin - Coronavirus



From the Public Health Agency of Canada: “The Public Health Agency of Canada currently assesses the public health risk associated with 2019-nCoV as low [in Canada].”

Public health risk is continually assessed as new information becomes available.

Updates on nCoV can be found at:

<https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection.html>

This situation serves as a reminder that the health and safety of participants is a priority, and prevention in the football environment should be considered by those around the game.

The following are recommendations that should be considered at all times during football programming:

- Wash hands often with soap and water for at least 20 seconds.
- Use an alcohol-based hand sanitizer if soap and water are not available.
- Make soap and/or hand sanitizer available in dressing rooms and practice locations.
- Avoid contact with sick people, including avoiding close contact with people suffering from acute respiratory infections.
- Gloves should be worn by staff handling towels or laundry in the team environment.
- Players should not share clothing, bar soap or other personal items such as razors.
- All players and staff should have their own water bottles to prevent the transmission of viruses and bacteria.
- Bottles should be labelled and washed after each practice or game.
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when coughing or sneezing.
- Practice cough etiquette (maintain distance, cover coughs and sneezes with disposable tissues or clothing, wash hands).
- Advise players to try and not touch their own mouths or nose when in the football environment to reduce the chance of them passing an infection on to themselves.
- Monitor illness and injury in all teams. Parents are urged to keep their children away from the hockey environment if they are showing any signs of infectious disease or virus.
- Team members should be encouraged to self-report if they feel ill.
- Fist bump with gloves on or a “good game” and a head nod, instead of shaking hands.
- It is strongly suggested that players should wear gloves when participating in football events if available to them.

Good hygienic practices will help to maintain a healthy team atmosphere and ultimately assist in keeping all participants healthy throughout the season.